

GET READY

It's Time to Kick Your Inner Critic to the Curb

"Evict Your Inner Critic"

This lighthearted and engaging workshop uses collage and writing to kick your Inner Critic to the curb...so that you can open to success, honor your self-worth, and transform the common mental roadblocks to financial freedom.

"In just one sitting, I learned that my Inner Critic is not motivated by breaking me down: it wants to help me. I was able to improve my outlook, honor my strengths, and feel more empowered." -Amy

